

GLUTEN FREE LUNCH MENU

Light Bites

Soup Of The Day - **with GF bread**

Chicken Wings

Onion Rings

Garlic Bread

Mains

GF Pizza Bases available (**No Spicy Beef Topping**)

GF bread available for all sandwiches

Jacket Potatoes

Gammon Steak

Chicken/Veg Curry- **no Naan Bread**

Caesar salad

Desserts

Chocolate Caramel Tart

Eton mess

Apple Crumble

Ice cream

Sorbet

Jaco's
BAR & RESTAURAN

**We Provide a
Gluten Free
Airfryer**

VEGAN MENU

Starters

Soup Of The Day

Caprese Salad

Garlic Mushrooms (On Toast)

Mains

Mezze Platter - **No tzatziki with Salsa**

Pomodoro Gnocchi

Jaco's Salad

Vegan Curry - **No Naan Bread**

Desserts

Salted Caramel + Chocolate Tart

Apple Crumble - **With Vegan Ice Cream**

Sorbet - Various Flavours

GLUTEN FREE MAIN MENU

Starters

Soup Of The Day - **with GF bread**

Chicken Liver Parfait

Caprese Salad

Mains

GF Pizza Bases available (**No Spicy Beef Topping**)

Fish and Chips

Steak and Fries

Gammon Steak

Chicken/Veg Curry- **no Naan Bread**

Caesar salad

Seabass

Hunters Chicken

Desserts

Chocolate Caramel Tart

Eton mess

Apple Crumble

Ice cream/Sorbet

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